

Continental Ballet Studio

Is Now Offering

Beginner Ballet Basics Series

Teens/Adults & Kids 10-12 yrs

Offered thru

Bloomington Community Education Services



Taught by
Company Member
Kaethe Birkner!!!



Gain poise, flexibility, and knowledge of ballet basics in this beginning ballet class! This 8-week series is for those who are interested in dance but have never taken a ballet class, or who have taken an extended break from dance! Learn and review all the basic positions of both legs and arms and basic steps at barre and in center, as well as proper alignment and technique!

8 WEEK SESSIONS /\$110

Jan 5-Feb 23

Apr 6-May 25

Ages 10-12

Thursdays
5:30-6:30 pm

Thursdays
5:30-6:30 pm

Teen-Adult

Thursdays
6:30-8:00 pm

Thursdays
6:30-8:00 pm

- *Bring water bottle and ballet shoes to class each week.*
- *Children please wear tights and a leotard. Adults please wear either traditional ballet attire or tight-fitting workout clothes.*
- *All classes are held at Continental Ballet Studio in the Bloomington Center for the Arts.*

**For more information or to register
please contact us:**

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Continental Ballet Company
Founded and Directed by
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