



Continental Ballet Company

Announcing: Boy's Dance & Strength Training Class

Boys ages 5-18 interested in cross-training through ballet & strength training



Continental Ballet Company is excited to announce that we will be holding a boy's dance class for 8 weeks this winter, starting Thursday, February 1st and ending Thursday, March 21st. This class will be taught by Continental Ballet's instructors, Heather Wolf and Michelle Vagi.

What is the cost?

\$10/class per child. There will be a total of 8 classes. Scholarships are available. Please inquire by emailing gspooner@continentalballet.com.

When and where is the class?

The class will be held at Continental Ballet's studio in the Bloomington Center for the Arts on Thursday's from 4:30-5:30 for 8 weeks starting Thursday, February 1st.

Why should I enroll my child?

Boys in this class will improve their strength, flexibility and coordination. Do you have an athlete in your home? Read about why ballet is helpful for kids in athletics [here](#).

We currently have 5 boys between the ages of 6-16 enrolled. Secure your spot today!

Is there a dress code?

Boys can wear a solid color shirt (preferably white or black) and athletic pants or shorts that aren't too baggy.

How do I register and pay?

You can register by clicking the button below and filling out the form, which can also be found on CBC's [website](#). You can pay through this link or pay in person at CBC's studio.

[REGISTER HERE](#)

